

OCTOBER 2021

Lakeside Union School District

Choice of Milk offered daily.
All grains offered are whole grain-rich.

Monday

4
Green Salsa Burrito
Tapatio Hot Sauce
Baby Carrots & Ranch
Green Beans
Mixed Fruit
Choice of Milk

11
Pepperoni Sandwich
Marinara Sauce
Ranch Beans
Mixed Fruit
Choice of Milk

18
Taco Nada
Tapatio Hot Sauce
Baby Carrots & Ranch
Pinto Beans
Diced Pears
Choice of Milk

25
Chicken Corndog
Ketchup & Mustard
Baby Carrots & Ranch
Ranch Beans
Applesauce
Choice of Milk

Tuesday

5
Macaroni & Cheese
Pinto Beans
Fresh Jicama & Tajin
Applesauce
Choice of Milk

12
Hot Dog
Ketchup, Mustard, & Mayo.
Cucumber Coins & Tajin
Curly Fries
Fresh Apple
Choice of Milk

19
Chicken Patty Burger
Ketchup, Mustard, & Mayo.
French Fries
Fresh Broccoli & Ranch
Fresh Apple
Choice of Milk

26
Deluxe Cheeseburger
Ketchup, Mustard, & Mayo.
French Fries
Baby Carrots & Ranch
Fresh Apple
Choice of Milk

Wednesday

6
Bean & Cheese Burrito
Tapatio Hot Sauce
Whole Kernel Corn
Cucumber Coins & Tajin
Diced Peaches
Choice of Milk

13
Classic Cheeseburger
Ketchup, Mustard, & Mayo.
Potato Wedges
Fresh Celery & Ranch
Applesauce
Choice of Milk

20
Cheeseburger Sliders
Ketchup, Mustard, & Mayo.
Potato Wedges
Cucumber Coins & Tajin
Diced Peaches
Choice of Milk

27
Red Chili Burrito
Tapatio Hot Sauce
Fresh Jicama & Tajin
Whole Kernel Corn
Diced Peaches
Choice of Milk

Thursday

7
Turkey Gravy
Mashed Potatoes
Fresh Dinner Roll
Fresh Broccoli & Ranch
Fresh Apple
Choice of Milk

14
Sweet & Sour Chicken
Brown Rice & Soy Sauce
Fresh Broccoli & Ranch
Fruitables Plus Juice
Fresh Pear
Choice of Milk

21
BBQ Chicken Teriyaki
Brown Rice & Soy Sauce
Fruitables Plus Juice
Fresh Celery & Ranch
Fresh Orange
Choice of Milk

28
Orange Chicken
Brown Rice & Soy Sauce
Fresh Broccoli & Ranch
Fruitables Plus Juice
Fresh Orange
Choice of Milk

Friday

1
Pepperoni Pizza
Green Beans
Fresh Celery & Ranch
Diced Pears
Choice of Milk

8
French Bread Pizza
Ranch Beans
Baby Carrots & Ranch
Diced Pears
Choice of Milk

15
Cheese Pizza
Baby Carrots & Ranch
Whole Kernel Corn
Diced Peaches
Choice of Milk

22
Deep Dish Cheese
Fresh Jicama & Tajin
Green Beans
Mixed Fruit
Choice of Milk

29
Pepperoni Pizza
Fresh Celery & Ranch
Green Beans & Diced Pears
Halloween Cookie
Choice of Milk

